

Common questions about Palliative Care

My loved one has an advanced illness. How do I know when he/she should be referred to a home palliative care programme?

Ask to speak to your loved one's primary doctor and enquire if your loved one will benefit from a home palliative care programme.

If palliative care is involved, does this mean that my loved one will no longer receive any treatment?

Your loved one will still receive treatment that is appropriate and in line with what is important to him/her. For some patients, medicines are still required to prevent the effects of the organ failure.

My loved one is going to be referred to palliative care. Does this mean my loved one is dying?

In Singapore, palliative care is often associated with the end-of-life. However, palliative care is really a holistic approach to ensure your loved one is cared for in a comfortable, dignified manner. It encompasses care from the physical, psychological, emotional, spiritual and social aspects as well as provides support to the affected caregiver and family.

CONTACT

For enquiries or more information, please contact the Violet Programme Team.

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COMMUNITY HOSPITAL



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VIOLET
PROGRAMME

Home Palliative Care

Violet PROGRAMME

Palliative Care

or hospice care is care that focuses on maximising quality of life within the confines of an advanced illness.

What does Palliative Care have to offer?

Symptom
management

Support from
multiple disciplines
to meet the needs of
your loved one

Coordination
of care that is
according to
your loved one's
preference

Education and
emotional support
to empower you in
providing care for
your loved one



The Violet Programme is a collaboration between St. Andrew's Community Hospital and Changi General Hospital. It is a home palliative care programme, specifically for patients with non-cancer diagnoses (e.g. advanced dementia, kidney failure, heart failure).

AIMS OF THE PROGRAMME

- To provide 24 hours a day, 7 days a week medical coverage
- To customise care according to what is important to your loved one
- To coordinate care with the primary doctor in the general hospital and other community providers involved in your loved one's care
- To manage symptoms at home and prevent frequent, unnecessary readmissions to the hospital
- To train the caregiver on how to care for your loved one at home
- To provide psychological and emotional support to the caregiver and family

OUR TEAM COMPRISES

- Doctors
- Nurses
- Medical social workers
- Pastoral care staff
- Volunteers

and other allied health professionals according to the needs of your loved one.