AIGAGE

ANGLICAN SERVICES ENGAGING THE COMMUNITY

SERVING WITH LOVE IN THE

40



As the Bible says in 1 Corinthians 16:14, "Let all that you do be done in love." Driven by love, staff of St. Andrew's Mission Hospital (SAMH) and Singapore Anglican Community Services (SACS) rallied together to continue caring for those under its charge, joining the nation in its battle against the Coronavirus Disease 2019 (COVID-19) virus.

COVID-19 Wards

St. Andrew's Community Hospital (SACH) steadfastly came alongside our acute care partner, Changi General Hospital (CGH), and the Ministry of Health to admit patients from acute hospitals who are infected by COVID-19. As the first community hospital to do this, we were charting new waters.

We converted two of our wards at The Integrated Building, a joint facility between CGH and SACH, for this purpose. We ramped up our infection control training, worked out all the necessary protocols and briefed our staff. Having also received the essential supplies and support from CGH, SACH admitted our first patients on 5 April 2020 which was Palm Sunday, the start of Holy Week.



Responding to COVID-19 related needs, SAMH Clinic (Simei), which is SACH's colocated outpatient clinic, was activated into a Public Health Preparedness Clinic and also started to perform COVID-19 swab tests.







We are grateful to all the staff who have risen to this challenge and for those who have volunteered. May we always meet the needs of the community!

MCI (P) 015/06/2019 **JUNE** 2020

Safe Sound Sleeping Place @ St. Andrew's Village

Upon an urgent request from the Ministry of Social and Family Development (MSF), SACS partnered the Anglican Diocese of Singapore and set up a "Safe Sound Sleeping Place (S3P)" at the Anglican Diocesan Centre at St. Andrew's Village (SAV) to provide hostel-level temporary shelter from 17 April 2020 to 29 May 2020.











On 29 April 2020, S3P@SAV hosted a visit by Associate Professor Muhammad Faishal Ibrahim, Senior Parliamentary Secretary (SPS) in the Ministry of Education (MOE) and MSF, and Ms. Sun Xueling, SPS of Ministry of Home Affairs and Ministry of National Development.

On behalf of S3P@SAV, Associate Professor Faishal received a donation of reusable masks from Ms. Sun, sewn with love by volunteers of a community initiative led by the People's Association Women's Integration Network (WIN) Council.

Safety Measures and Initiatives

As measures were tightened due to the evolving situation, SAMH-SACS services adapted our day-to-day operations to continue serving our students, clients, and residents.





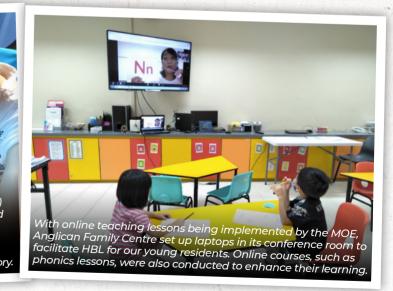
St. Andrew's Senior Care (SASC) and Anglican Senior Centre (ASC) (Hillview) introduced live sessions on Google Meet to help clients maintain a routine at home during this stayhome period. Staff connect with clients twice a day, engaging them in online exercises, sing-a-long, games, and reminiscence sessions.

For seniors who are unable to join in for the online sessions, the senior care team reaches out to them by calling them regularly and sending them paper-based activity packages via mail to keep them active!

Seniors undergoing active rehabilitation are also advised to continue with home exercises as prescribed by their therapists, and encouraged to participate in the online customised exercise sessions.







Following the Ministry of Health's directive to restrict all visitation to nursing homes, St. Andrew's Nursing Home (SANH) (Buangkok, Henderson, Queenstown and Taman Jurong) helped residents connect with their loved ones via video calls. Volunteers of SANH (Henderson and Queenstown) also engaged residents via video calls, as well as audio and video recordings.





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Staff Appreciation by the Anglican Diocese of Singapore











On 27 February 2020, staff were delighted to receive individually-packed heart-shaped





Encouragement from the Community

The Right Reverend

Venerable Wong Tak

Meng, Archdeacon

Services, initiated a

activity on behalf of

the Anglican churches

St. Andrew's Cathedral

Home for the Aged

Community Services

during the COVID-19

for their hard work

and St Hilda's

pandemic.

staff appreciation

in Singapore, to

say thank you to the staff of SAMH, SACS, Good News Community Services,

for Community

Rennis Ponniah, Bishop of Singapore and President of SAMH and SACS, together with

"We give thanks to God always for all of you, constantly mentioning you in our prayers." - 1 Thessalonians 1:2

Indeed, SAMH-SACS gives thanks to God for the prayers, encouragement and support extended by the community amidst this battle. From the thoughtful cards and messages, to the care packs and food treats - each and every gift was a morale booster, as we pressed on in love for those we serve.





SANH (Henderson and Queenstown) was blessed with gifts of ice cream and pastries for residents and staff from generous donors. The Achievers - Friends of IMH, a non-profit, non-religious volunteer group, also blessed residents of SANH (Buangkok, Henderson and Queenstown) with goodie bags to lift their spirits.

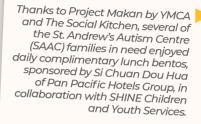


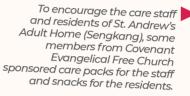






Generous blessings of care packs and food treats for SACH staff from well-wishers, including Chef-in-Box, ConvaTec (Singapore), Donate A Cookie, ELPIS@ Hideout Pte Ltd, Eng & Co. LLC, Huawei International Pte Ltd, Prima Pte Ltd, St. Hilda's Church, The White Restaurant, Woodlands Evangelical Free Church and Yio Chu Kang Chapel.





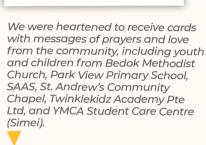








Thank you to Actxa, Huawei International Pte Ltd, National Council of Social Service, Singapore Hospice Council (SHC), The Ribbon Shop and Zelta 3D Pte Ltd for the donation of surgical masks, face shields and hand sanitiser. SHC also blessed our SACH palliative care team with love gifts from SHC staff, Kaiser Pharmaceutical(s) Pte Ltd and Pua Loong Trading Co.







Amidst this challenging time, the kindness and generosity of donors who continue to support our work through monetary donations and gifts of love have encouraged us to strive on in serving the needs of the community.

With God's unfailing love as our anchor, and the generous support from the community, SAMH-SACS remains steadfast in this battle against COVID-19, knowing that we are not alone at every step of this journey.



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Laying Foundations

FOR A NEW CONTINUUM OF CARE



SASC (Bedok North) and SASC (Bedok South) will play a major role in caring for seniors in the Bedok community through its services that include day care (including dementia day care), community rehabilitation, home care and active ageing services.

With 100 day care places, SASC (Bedok South) aims to begin receiving clients in the second half of 2021, while SASC (Bedok North) looks forward to commencing operations from the first half of 2022 to serve up to 60 day care

St. Andrew's Nursing Home (Tampines North) and St. Andrew's Senior Care (Tampines North) 2023 Tampines Street 62



St. Andrew's Senior Care
(Bedok North) 2022
Blk 223 and 222C
Bedok North Drive



St. Andrew's Senior Care (Bedok South) 2021

Blk 152A Bedok South Road

St. Andrew's Nursing Home (Tampines North) and co-located St. Andrew's Senior Care (Tampines North)

Aiming to commence construction in the latter half of 2020, St. Andrew's Nursing Home (SANH) (Tampines North) will provide long-term residential, nursing and rehabilitation care for 277 residents, including persons with dementia, while the colocated St. Andrew's Senior Care (SASC) (Tampines North) will serve up to 60 day care clients in the new precinct of Tampines North.

Tentatively scheduled to open in 2023, the ninestorey Home will be the sixth nursing home operated by the community services of the Diocese.

Artist's impression by MKPL Architects Pte Ltd





St. Andrew's Senior Care (Tampines)

Our Tampines Hub1 Tampines Walk, #04-33



Anglican Senior Centre (Tampines)

• Blk 117 Tampines Street 11, #01-516



St. Andrew's Community
Hospital (SACH)

8 Simei Street 3

With these new facilities in close proximity to St. Andrew's Community Hospital, the continuum of care for residents living in the eastern part of Singapore will be strengthened. Together with Changi General Hospital, our acute care partner, we will be able to provide more integrated care, from acute to intermediate and long-term care.

With the addition of the new nursing homes and senior care centres, the SAMH-SACS family will be able to serve a total of 1,697 nursing home residents and 625 day care clients island-wide by 2023. We look forward to providing care and support for more persons in need, as God leads us in building His Ministry of Love.

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Active Ageing for Senions OF HAVELOCK VIEW

Seeking to foster a community of care to help seniors maintain an active lifestyle as they age, Singapore Anglican Community Services (SACS) will be opening its fifth senior activity centre, Anglican Senior Centre (ASC) (Havelock). Renovation has been completed and the Centre looks forward to opening its doors to seniors in the community.

By providing a communal space for seniors to socialise with their peers through various programmes and activities, ASC (Havelock) seeks to be an avenue for them to stay active while building a healthy social network. At the Centre, seniors would be able to access information on government schemes connecting elderly to relevant services. The Centre will also operate the 'Alert and Alarm System' to assist the elderly residents in the event of a fall or other emergencies.

SACS is grateful to be placed in the Havelock View community, and we look forward to collaborating with St. Matthew's Church as well as various community partners to bring love and support to its elderly residents!

For more information on ASC (Havelock), please call 6586 1064 or email



Preparing Hearts

FOR THE OPENING OF SJSM VILLAGE

Having been in the making for seven years, St. John's - St. Margaret's (SJSM) Nursing Home looks forward to opening its doors to welcome its first resident. Situated within the SJSM Village together with a childcare centre, this fulfils God's vision for Project Spring-Winter (PSW) to bring the young and old together in a multi-generational setting where they can interact, build relationships and learn from one another. So named because of its appropriateness as a metaphor for our seasons of life, PSW is a community service initiative of SJSM Church that will transform the ministry and mission of the parish.

Located within the Dover community, the new SJSM Village will cater to 273 nursing home residents and over 80 seniors at the Senior Day Care, as well as up to 200 preschoolers through its childcare centre.

The eldercare services will come under the umbrella of St. Andrew's Mission Hospital (SAMH) as the appointed Nursing Home Operator in the Village, while the childcare services will be managed by St. James' Preschool Services, which operates 17 pre-school centres, including three St. James' Church Kindergarten campuses.

Over the past one year, the PSW Volunteer Committee has been actively recruiting volunteers who wish to serve the young and old in the Village. Befriender training as well as visits to nursing homes under SAMH were organized for the volunteers to gain exposure to befriending seniors. They also have the opportunity to share their experiences after the visits and their personal caregiving experiences at a regular forum called "Kampung Gathering", as well as listen to talks by experts to equip them with knowledge about dementia care. In preparation for the opening of SJSM Nursing Home, many volunteers have formed various interest groups to plan future ward activities and prepare welcome kits to bless every resident who will be admitted into the Nursing Home.

When construction of the SJSM Village is completed, it will be filled with a buzz of activities to welcome the seniors, children, staff and Dover community to experience God's love and blessing.





Colours IN MY MIND

"If you could see the colours in my mind, you will realise, that's how I shine..." chimes the chorus of individuals on the autism spectrum, beneficiaries of partners of the Autism Network Singapore (ANS), of which St. Andrew's Autism Centre (SAAC) is a founding member.

As you groove to the contemporary pop rhythm of Singapore's own song written specifically to rally support for the autism cause, you would realise that We're Intertwined, as it is entitled, is more than just a catchy tune. It rings because it invites all to get to know persons on the autism spectrum a little better, a little deeper.

The song and music video which was launched on ANS' social media platforms on 2 April World Autism Awareness Day is an original piece written by local music veteran Mr. Clement Chow. The heart-warming video features students and clients of SAAC as well as those of ANS' partners, lead vocals by Singapore Idol finalist Ms. Beverly Lim Morata, local singer Mr. Izat

Ibrahim, songwriter and music producer Mr. Clement Chow himself, as well as a guest appearance by local artiste Mr. Elvin Ng.

It is hoped that through the video, the community at large in Singapore will not hesitate, (but) just be kind (because) we're all the same, we're intertwined.

ST. ANDREW'S AUTISM CENTRE Welcomes New **CHIEF EXECUTIVE OFFICER**

In April 2020, St. Andrew's Autism Centre (SAAC) welcomed its new Chief Executive Officer (CEO), Mr. Bernard Chew.

With 20 years of experience in the field of education, and from his last role as Director, Special Education Branch, Ministry of Education, Mr. Chew's new appointment in SAAC marks the unfolding of a new chapter for the 15 year-old service with a mission to enrich the lives of persons on the autism spectrum, and their families.

Mr. Dennis Ang first served as a volunteer at SAAC in 2008 in various leadership capacity. When SAAC's first CEO was reappointed to head up a new role at the St. Andrew's Mission Hospital group level in 2011, Mr. Ang's volunteer leadership position expanded to include the role of SAAC's Acting CEO. His faithful calling and stewardship was affirmed and recognised in 2014 with his official appointment as SAAC CEO.

Mr. Ang witnessed SAAC growing from a special education school (SAAS) and a Day Activity Centre (DAC) for adults on the autism spectrum, serving 68 students and clients in 2008, to now running SAAS, St. Andrew's Adult Home (Sengkang), Singapore's first residential facility designed and built for adults on the autism spectrum, and two DACs (Siglap and Sengkang), serving a total of 410 students,

Taking over the baton from Mr. Ang, Mr. Chew leads SAAC with three things he feels leaders in strategic positions need - conviction in the important mission that the organisation exists for, clarity in how the organisation can best fulfil the mission and vision entrusted to the team, and the courage to change things that need to change.

Singing and grooving along with Mr. Clement Chow and guest artiste Mr. Elvin Ng at the recording studio on 19 March 2020 was a very special, fun and memorable experience for students and clients of AWWA, Eden and Pathlight schools, Rainbow Centre and SAAC.





"Glow Brightly Together"

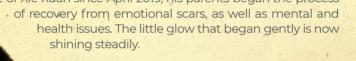
Seated quietly at the dining table, Xie Xuan, whose name in Chinese characters means "glow brightly together", waited patiently for his mid-afternoon snack. A smile spread across his face as he slowly enjoyed his sandwich. After eating, he worked on a puzzle - but only after he gone around the room neatening up the desks of his fellow residents at St. Andrew's Adult Home (Sengkang) [SAAH].

Yeo Xie Xuan is a non-speaking 24-year-old adult on the autism spectrum who relies on the Picture Exchange Communication System (PECS) to express his needs and wants. He was diagnosed when he was five years old, and has co-morbidities of hyperactivity, self-injury tendencies and epileptic fits while asleep.

He was sent for early intervention and had his hyperactivity reduced with the help of gluten-free and casein-free diet, as advised by the paediatrician. His parents, Mr. and Mrs. Yeo, braved societal stigma and brought him out for regular walks at the shopping mall near their home to help him with social integration. This aspect was further strengthened through class community outings when he joined St. Andrew's Autism School (SAAS) at the age of 12.

After graduating from SAAS six years later, he joined Day Activity Centre (Siglap) [DAC]. Like SAAS, DAC is operated by St. Andrew's Autism Centre (SAAC). His coaches at DAC helped him to overcome his initial struggles of adapting to being outdoors and coping with the hot weather by teaching him how to wipe perspiration off his face, and change his shirt when he felt uncomfortable. With their intervention, he grew to be able to participate in horticulture and go on longer walks, including from SAAC to East Coast Park.

Strained family relationships and caring for Xie Xuan through the years with little or no support from the extended family caused Mrs Yeo to spiral down to depression. With SAAH taking care of Xie Xuan since April 2019, his parents began the process







Xie Xuan with his trademark smile during a DAC outing. With SAAC's services caring for Xie Xuan, the family has time and space to recover from past hurts when they were raising him. Moving forward, they are able to "glow brightly together" as a family again.



Mr. Bernard Chew (right) took over Mr. Dennis Ang (left) in April this year as SAAC's new CEO. Mr. Ang retired after eight years of taking the helm at SAAC.

Xie Xuan was one of the first residents at St. Andrew's Adult Home (Sengkang).

ENGAGING THE ENGAGING THE SENSES THROUGH Greenery

Since January 2020, seniors of St. Andrew's Nursing Home (SANH) (Queenstown) and St. Andrew's Senior Care (SASC) (Queenstown) and their families can spend more time together while engaging their senses in nature. A therapeutic garden has been upgraded with help from National Parks Board (NParks), as a shared facility for the nursing home residents and clients of the co-located Senior Care Centre.

Besides enjoying the fresh air, sunshine and flowers, seniors can relax to the sound of chirping from artificial birds in the garden, as well as engage in hands-on gardening activities such as cultivating vegetables and herbs. Mdm. Woo, client of SASC (Queenstown) shared, "The garden is a wonderful addition. My friends and I can chit-chat and take care of the plants, and I feel joyful being out in the sun." For Mdm. Chia, resident of SANH (Queenstown), the variety of plants in the garden serves as a comforting reminder of her childhood days spent gardening in the kampong.

Moving forward, SANH (Queenstown) looks forward to having volunteers from NParks hold gardening workshops for seniors, providing more opportunities for the community to participate in the lives of the residents and clients.



jiving Thanks **COMMUNITY PARTNERSHIPS**

As Helen Keller once said. "Alone we can do so little: together we can do so much."

Indeed, the support of community partners, donors and volunteers have enabled St. Andrew's Nursing Home (SANH) (Queenstown) and St. Andrew's Senior Care (SASC) (Queenstown) to be a blessing to its residents and clients.

In gratitude of their support, SANH (Queenstown) held its second appreciation lunch on 16 November 2019. Community partners, regular volunteers and donors in attendance enjoyed games, song performances by residents and staff of SANH (Queenstown), as well as a buffet lunch.

SANH (Queenstown) has also been blessed to partner with schools in the community. providing platforms for student groups to volunteer through befriending and singa-long sessions. As a symbol of these partnerships, SANH (Queenstown) was invited to attend prize-giving ceremonies to receive tokens of appreciation from MINDS (Lee Kong Chian Gardens School), New Town Primary School, Queenstown Primary School and St. Margaret's Secondary School.

SANH (Queenstown) is grateful for its many fruitful collaborations with the community, and looks forward to more partnerships to bring light and joy to the residents!



Mr. S and Mdm. Zaiton, residents of SANH (Queenstown), expressed their thanks to our guests with a powerful duet of two songs, namely, Zaleha Hamid's "Dangdut Reggae" and Daniel Boone's "Beautiful Sunday".



Since 2018, student volunteers have been engaging residents in activities and games, as well as helping to familiarize them with new technology through tablets.

Joining Hands INLOVE

Sharing a common goal to provide support for vulnerable children and their families, Anglican Family Centre (AFC) and CITY Community Services (CITY), both under the Family and Children services pillar of Singapore Anglican Community Services (SACS), joined hands for the first time to run programmes for their residents and volunteers.

Seeking to journey and forge friendships with current and discharged residents of AFC, CITY volunteers organised monthly activities in 2019, including dinner parties and outings to local attractions such as Universal Studios Singapore, Night Safari and Gardens by the Bay. Tapping on their experience in engaging children, CITY volunteers also organised a Children's Day celebration for AFC residents, which created opportunities for family bonding.

On 20 December 2019, AFC residents and CITY volunteers organized a Christmas celebration for residents of Singapore Cheshire Home (SCH) and brought them much love and cheer.

Rose, an AFC resident, shared, "In the midst of brokenness and in the process of healing, camaraderie is present among the residents and staff as we share the love of God."







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Creating A Recovery-Oriented Culture

With a desire to help persons with mental health issues develop a purposeful life as well as personal identity in spite of their challenges, the Singapore Anglican Community Services (SACS) Psychiatric Services formed a Recovery Oriented Culture (ROC) Workgroup comprising seven staff, one representing each centre and service. Known as Recovery Champions, they promote a culture of recovery in the centres through coaching and partnership between clients and staff, emphasising values such as choice, hope, social inclusion, and community participation.

Since May 2019, the ROC Workgroup has implemented several recovery strategies to achieve their vision. This includes co-creation of recovery environment within the centres, recovery messages and quizzes through monthly emails, as well as a song writing competition on recovery by staff and clients.

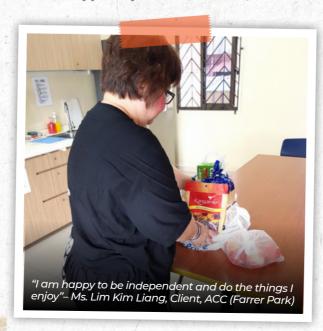
Anglican Care Centre (Bukit Batok)

Clients and staff of Anglican Care Centre (ACC) (Bukit Batok) co-created a wall collage, themed "The World Is Just A Click Away", in the centre's computer laboratory. This project encourages clients who feel intimidated by information technology to step out of their comfort zones, and broaden their world views through the use of the computer laboratory's facilities.



Anglican Care Centre (Farrer Park)

At ACC (Farrer Park), clients are encouraged to manage their own groceries and cook their own meals. This initiative builds up their independence, as well as motivates them to take an active role in their recovery journey.



Anglican Care Centre (Hougang)

Over 120 staff and clients of ACC (Hougang) participated in a co-creation project to decorate the Centre with inspiring and recovery oriented messages and art pieces. As the members contributed time, effort and ideas, they were empowered in their recovery. "The Tree of Joy", a decorative wall in Joy Wing, highlights the importance of a support system.



Anglican Care Centre (Pasir Ris)

With a vision to create a recovery oriented environment in ACC (Pasir Ris), clients and staff handcrafted art pieces for a wall collage. They painted recycled materials, as well as canvas boards with encouraging quotes, words and images, representing the recovery-oriented values they aspire towards. Working tirelessly to create their handcrafted art pieces, the clients felt a strong sense of accomplishment.

Anglican Care Centre (Simei)

A group of ACC (Simei) clients partnered with peer support specialists to conduct tours for Centre visitors. Leading tour groups provides a platform for clients to gain self-esteem and confidence in speaking with members of the public, while contributing back to the community.





Anglican Care Centre (Yishun)

A team of clients and staff at ACC (Vishun) are rostered to look after the Centre's indoor garden, where they grow vegetables such as chye sim, chilli, and carrots. As clients devote time and effort to take care of the plants, it helps to cultivate values of discipline, responsibility, and independence in them as they journey towards recovery.



Integrated Employment Services

Work Integrated Skills Training (WIST), a programme conducted by Integrated Employment Services (IES), aims to equip clients with skills required to achieve sustained employment. To make the programme more client-centric and conducive for recovery, lessons are co-produced and co-conducted by IES Rehabilitation Counsellors as well as Peer Support Specialists who share their lived experiences.



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SERVING AS One Family

Organised by SingHealth Duke-NUS Academic Medical Centre since 2011, the Singapore Health Quality Service Award (SHQSA) is a dedicated platform to honour healthcare professionals who have delivered quality care and excellent service to patients.

243 healthcare professionals from St. Andrew's Mission Hospital and Singapore Anglican Community Services received the SHQSA 2020 at the award ceremony on 14 January 2020.

May we continue to pursue excellence as we love and care for our community.
Congratulations to all award recipients!



VOLUNTEERS, YOU ARE AWESOME!

To honour the commitment and contributions of our volunteers, Singapore Anglican Community Services (SACS) Psychiatric Services organised an inaugural combined Volunteers Appreciation Night, themed "Remembering The Good Old Days", on 8 November 2019.

Over the past many years, our volunteers have provided ongoing support and encouragement for our clients, engaging them in various ways, such as sharing current affairs news, cooking together, conducting computer literacy lessons, outings and organising trips to the library.

A special highlight of the dinner was a video montage that was specially created for the event to celebrate our volunteers' dedication. Capturing joyful moments shared between our volunteers and members as well as heartfelt sharing by volunteers and staff, the video showed a strong bond forged between our volunteers and clients. Guest performer, Mr. Darius Foo, also entertained the audience with an exciting magic show, weaving in concepts of hope and encouragement into his performance.

To conclude the meaningful night, long-service awards were presented to volunteers who have served at SACS for more than 10 years. This was to express our heartfelt appreciation for their meaningful contributions towards our clients' road to recovery.



We have been tremendously blessed to have volunteers with dedicated hearts who provide a support system for our clients during their healing journey. Indeed, it takes hands to build a house, but hearts to build a home.



For more information on volunteering with SACS, please email admin@sacs.org.sg

ST. ANDREW'S MISSION HOSPITAL (SAMH) AND SINGAPORE ANGLICAN COMMUNITY SERVICES (SACS) 10 Simei St 3, Singapore 529897

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ST. ANDREW'S MISSION HOSPITA

St. Andrew's Adult Home (Sengkang) • St. Andrew's Autism Centre • St. Andrew's Community Hospital • St. Andrew's Nursing Home (Buangkok, Henderson, Queenstown) • St. Andrew's Senior Care (Henderson, JOY Connect, Queenstown, Tampines) • St. Andrew's Mission Hospital Clinic (Simei, Elliot Road)

SINGAPORE ANGLICAN COMMUNITY SERVICES

Anglican Care Centre (Bukit Batok, Farrer Park, Hougang, Pasir Ris, Simei, Yishun) • Integrated Employment Services • Anglican Cluster Operator (Jurong East) • PEACE-Connect Cluster Operator • Anglican Senior Centre (Havelock, Hillview, Jurong West, Tampines, Woodlands, Yishun) • St. Andrew's Nursing Home (Taman Jurong) • Anglican Family Centre • CITY Community Services

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