



ANGELICAN SERVICES ENGAGING THE COMMUNITY

Greater Foray into Senior Services: St. Andrew's Nursing Home (Henderson) and St. Andrew's Nursing Home (Queenstown)

Aligned with St. Andrew's Mission Hospital (SAMH) heritage of serving the needs of the community, SAMH started operating the St. Andrew's Nursing Home (Henderson) and St. Andrew's Nursing Home (Queenstown) in February 2017 and April 2017 respectively. With these developments, there are now 3 Nursing Homes under the St. Andrew's Nursing Home (SANH) banner, including the pioneer SANH (Buangkok), a psychiatric Nursing Home, providing holistic nursing and rehabilitative care for 300 residents.

255-bedded SANH (Henderson) and 297-bedded SANH (Queenstown) provide integrated residential care, including dementia care, centre-based and home care services for the elderly. In line with the Ministry of Health's focus on Better Health, Better Care, Better Life, the model of care at the new nursing homes is resident-centric. Residents are empowered to take charge of their own lives and health by participating in SANH social and health promotion activities and programmes of their choice. The ultimate aim is to provide residents with an enriching and memorable home-within-home experience.



St. Andrew's Nursing Home (Henderson), a 255-bedded facility, started operations in February 2017.

We are blessed by the partnership of Church of the Good Shepherd and the Church of Our Saviour in serving the residents of SANH at Henderson and Queenstown respectively. As SANH reaches out to more in the community, we thank God for His continued guidance and provision of resources.



St. Andrew's Nursing Home (Queenstown), a 297-bedded facility, started operations in April 2017.



Mr. John Chan, Executive Director, SANH (Henderson), shared about the Home's services and conducted a tour of its facilities during an Open House on 18 February 2017.

St. Andrew's Nursing Home (Henderson): Engaging the Community

St. Andrew's Nursing Home (Henderson) Open House

As part of its community engagement efforts, St. Andrew's Nursing Home (SANH) (Henderson) invited its neighbours to its Open House on 18 February 2017. Participants of the Open House were given a tour of the facilities of SANH (Henderson) and its co-located St. Andrew's Senior Care (SASC) (Henderson). SASC (Henderson), which recently commenced services on 29 May 2017, offers maintenance and dementia day care, community rehabilitation, centre-based nursing and home healthcare services. Home healthcare services are targeted to begin in the third quarter of the year.

Visit by Mr. Sam Tan, Member of Parliament for Radin Mas Constituency

SANH (Henderson) was privileged to host Mr. Sam Tan, Member of Parliament for Radin



Mr. John Chan, Executive Director, SANH (Henderson), hosted Mr. Sam Tan, Member of Parliament of Radin Mas Constituency, along with key members and grassroots leaders of the Radin Mas Neighbourhood Committee, during their visit to SANH (Henderson).

Mas Constituency, along with grassroots leaders and members of the Radin Mas Neighbourhood Committee during their visit to SANH (Henderson) on 15 April 2017. Mr. Tan and his team learned of the holistic care and rehabilitative activities provided by our nurses, physiotherapists and occupational therapists; and how medical and allied health services provided by our partner institutions would complement SANH (Henderson)'s delivery of care. Both teams are looking forward to working together in engaging and caring for the residents of the Radin Mas Constituency.

St. Andrew's Nursing Home (Queenstown): The Start of a New Beginning

St. Andrew's Nursing Home (SANH) (Queenstown) received its first resident on 17 April 2017, and is already caring for 56 residents by the end of June. Situated along Jalan Penjara (off Margaret Drive, in Queenstown), SANH (Queenstown) aims to be the home for 297 residents, offering skilled elder care services with great care and passion. Uniting the team at this 297-bedded care facility is a shared commitment to live out and share God's true love everyday as described in 1 Corinthians 13:4-8:

“Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.”
(1 Corinthians 13:4-8)



SANH (Queenstown) received its first group of residents on 17 April 2017.

Visit by Ms. Joan Pereira, Member of Parliament for Tanjong Pagar Constituency

SANH (Queenstown) hosted Ms. Joan Pereira, Member of Parliament for Tanjong Pagar Constituency and grassroots leaders during their visit to SANH (Queenstown) on 11 May 2017. Mr. Chan Wah Tiong, Executive Director, SANH (Queenstown), brought Ms. Pereira and her team on a tour of SANH (Queenstown)'s facilities and engaged the team in discussions on collaborative efforts to to better serve the residents.



Mr. Chan Wah Tiong, Executive Director, SANH (Queenstown), hosted Ms. Joan Pereira, Member of Parliament for Tanjong Pagar Constituency, and her team during their visit to SANH (Queenstown) on 11 May 2017.



Ms. Joan Pereira, a former Director for Family Life and Active Ageing at the People's Association and a social worker, interacted with the residents during the visit.

Update on New Services

St. Andrew’s Senior Care (SASC) is gearing up to commence new services in Henderson, Tampines, and Queenstown in the next few months. **SASC (Henderson)** started serving its first group of elderly clients on 29 May 2017. By early 2018, it expects to be serving up to 60 clients. **SASC (Tampines)** is set to start serving up to 60 day care elderly clients from September 2017, and **SASC (Queenstown)** is set to start serving up to 100 day care elderly clients from November 2017.



St. Andrew’s Senior Care (Henderson)

Anglican Care Centre (Farrer Park) is targeted to be operational by September 2017 with its Official Opening taking place on 13 October 2017.



80-bedded Anglican Care Centre (Farrer Park) is targeted to be officially opened on 13 October 2017.

Singapore’s first **Home for Adults with Autism** with a co-located Day Activity Centre (DAC), a project by St. Andrew’s Autism Centre and the Ministry of Social and Family Development, is set to begin operations in 2019. Located in Sengkang, its construction begun in February 2017. The home will provide care for up to 200 residents and 50 DAC clients when completed.



Construction of the Home for Adults with Autism, a project by St. Andrew’s Autism Centre and the Ministry of Social and Family Development, begun in February 2017.

National Accolade for St. Andrew’s Mission Hospital Staff

The Healthcare Humanity Awards is a national accolade that pays tribute to healthcare workers who exemplify exceptional qualities and dedication in helping others. On 25 April 2017, 98 healthcare workers across Singapore were commended at the Healthcare Humanity Awards Ceremony. St. Andrew’s Mission Hospital (SAMH) is proud to share that among them are three from SAMH services - Mr. Alan Ng, Healthcare Assistant, St. Andrew’s Nursing Home (Buangkok), who received the honourable mention; as well as Ms. Lee Soh Luan, Senior Nurse Manager, St. Andrew’s Community Hospital (SACH) and Ms. Nant Wout Yee Aye, Healthcare Assistant, SACH.

Mr. Alan Ng, Healthcare Assistant, St. Andrew’s Nursing Home (Buangkok), Recipient, Healthcare Humanity Award 2017 (Honourable Mention)



Mr. Alan Ng, Healthcare Assistant, St. Andrew’s Nursing Home (Buangkok), received the Healthcare Humanity Award 2017 (Honourable Mention) from Guest-of-Honour, President Tony Tan Keng Yam, at the Healthcare Humanity Awards Ceremony on 25 April 2017.

Mr. Alan Ng joined St. Andrew’s Nursing Home (SANH) (Buangkok) in March 2014. As a Healthcare Assistant (HCA), Mr. Ng. assists the nurses in caring for up to 300 residents needing long-term psychiatric care at SANH (Buangkok), helping them with their basic needs and interacting with them on a daily basis.

Mr. Ng, himself, battled mental health issues over 10 years. With support from friends, family and professionals from Singapore Anglican Community Services (Hougang Care Centre and Integrated Employment Services) and the Institute of Mental Health, Mr. Ng recovered and now uses his own experience to help residents at SANH (Buangkok). Being able to empathise with the residents’ fears and reasons for withdrawals, Mr. Ng connected well with them as he walked alongside them on their recovery journey. He relates to each resident with respect and sincerity. Under his care, even the most challenging, non-communicative and wheelchair-bound residents, as well as those with behavioural issues improved tremendously. They regained lost functionalities, “Activities of Daily Living” (ADL) skills and ambulatory capabilities; and are now living a much better quality of life.

Mr. Ng pro-actively reaches out to the residents, serving beyond his call of duty as a HCA. His wish is to bless others just as he had been blessed by many who were always there for him on his road to recovery. In recognition of his extraordinary service and contributions, Mr. Ng emerged as one of four national winners of the Healthcare Humanity Award 2017 with Honourable Mention.

Mr. Ng shares, “With experience from my personal recovery journey, I want to bless others as well. I see every resident as my friend, and they deserve as much love, compassion and support from me, just like I received from many who cared for me.”



The Healthcare Humanity Awards winners from St. Andrew's Community Hospital together with colleagues who supported their nomination. From left: Ms. Ong Lay Keng, Senior Nurse Manager; Ms. Lee Soh Luan and Ms. Nant Wout Yee Aye, winners of the Healthcare Humanity Awards 2017; Ms. Arthi Packiriswamy, Nurse Manager; and Ms. Alison Sim, Director of Nursing.



Our Healthcare Humanity Awards winners from St. Andrew's Community Hospital and St. Andrew's Nursing Home (Buangkok), together with their colleagues and Special Guest, Mr. Gan Kim Yong, Minister for Health.

**Ms. Lee Soh Luan,
Senior Nurse Manager,
St. Andrew's Community Hospital,
Recipient, Healthcare Humanity Award 2017**



Ms. Lee Soh Luan, Senior Nurse Manager, St. Andrew's Community Hospital, received the Healthcare Humanity Award from Special Guest, Health Minister Gan Kim Yong, at the Healthcare Humanity Awards Ceremony on 25 April 2017.

Ms. Lee Soh Luan, Senior Nurse Manager (SNM), has been with St. Andrew's Community Hospital since 1995. She leads a team of 31 nursing staff in the Dementia Care Ward and works with a multi-disciplinary team to tailor individualised rehabilitation programme for persons with moderate to severe dementia requiring rehabilitation.

Patients in the Dementia Care Ward often display challenging behaviours such as shouting or aggression, which can be distressful and emotionally draining. As the SNM, Ms. Lee not only overcomes the challenges that she faces, she also provides guidance and counsel for her team members to ensure that they are always in their best conditions to deliver quality patient care. Ms. Lee works closely with her nurses to provide daily care for patients and does not shy away from carrying out mundane tasks such as changing patients' diapers. With the majority of her working hours spent on patient care, she often stays late to complete her administrative roles.

If a patient in the ward is not eating well, Ms. Lee would purchase special condiments to add to his or her food; or even personally cook for him or her. If a patient likes art and craft, she would source for materials and customise activities so that he or she can create his or her own art-piece and take pride in it. During festive occasions, Ms. Lee would also organise celebrations and put up ward decorations, so that patients whose medical conditions do not permit them to be discharged

or granted home leave would feel at home in the ward. She does all these selflessly using her own financial resources.

In receiving the Healthcare Humanity Awards 2017, Ms. Lee says, "I am humbled to receive this award in honour of my patients. Watching how courageously my patients face life, they inspire me to persevere in my calling as a nurse. Their smiles also make my every effort worthwhile."

**Ms. Nant Wout Yee Aye,
Healthcare Assistant,
St. Andrew's Community Hospital,
Recipient, Healthcare Humanity Award 2017**



Ms. Nant Wout Yee Aye, Healthcare Assistant, St. Andrew's Community Hospital, received the Healthcare Humanity Award from Special Guest, Health Minister Gan Kim Yong, at the Healthcare Humanity Awards Ceremony on 25 April 2017.

Ms. Nant Wout Yee Aye came to Singapore and joined St. Andrew's Community Hospital 5 years ago to support her family in Myanmar. As a Healthcare Assistant (HCA), Ms. Nant provides basic care to the patients, helping them to recover to their pre-morbid status faster so that they can integrate back to the community.

Humble and forthcoming, Ms. Nant serves with much compassion and empathy. Often times, she would volunteer to take the elderly patients for their appointments at the acute-care hospitals when they are unable to afford escort service. She makes up for a lack of healthcare experience by pursuing a healthcare course with the Institute of Technical Education (ITE), in which she excelled in and graduated from with Merit. To communicate better with the elderly patients, Ms. Nant diligently learned Mandarin and Hokkien. Many of the elderly patients would enjoy talking to Ms. Nant, and many of their family members would express appreciation for her friendliness and helpfulness.

Ms. Nant's care for the patients extends beyond the hospital. She pays visits to the elderly patients who are discharged to nursing homes on her off days, listening to their concerns and providing comfort. She would also buy them food and necessities using her own financial resources when she visits them.

In receiving the Healthcare Humanity Award 2017, Ms. Nant says, "I enjoy caring for patients and making a difference in their lives. Being nominated for this award motivates me to be the best healthcare staff that I can be."



A total of 1 Superstar, 5 Star, 55 Gold and 129 Silver Awards were presented to St. Andrew's Community Hospital team members at the Eastern Health Alliance Caring Awards Ceremony, held on 27 May 2017



Heroes of St. Andrew's Community Hospital

The Eastern Health Alliance (EH Alliance) Caring Awards is an initiative aimed at celebrating the spirit of caring throughout the regional health cluster. It recognises the staff of the EH Alliance who provide excellent care and service as well as patients and caregivers who inspire others through their determination and courage.

St. Andrew's Community Hospital (SACH), a member of the EH Alliance, is proud to share that a total of 190 Silver, Gold, Star and Superstar Awards were presented to SACH team members. Mr. Peter Loh, patient of St. Andrew's Mission Hospital Clinic (Simei) and Mdm. Tay Sok Tee, caregiver of Mr. Shea Peng Chuan, St. Andrew's Senior Care (JOY Connect) client, also received the Hero Patient and Hero Caregiver Awards respectively. Below, we share our inspiring Hero Patient and Hero Caregiver's stories.

Mr. Peter Loh, Recipient, EH Alliance Caring Awards (Hero Patient)



Mr. Peter Loh (third from left), patient of St. Andrew's Mission Hospital Clinic (Simei), was awarded the Eastern Health Alliance Caring Awards (Hero Patient) 2017.

"There was a time when I feared the break of day, but tomorrow will always come and you can never change that. What you can change is the way you position yourself, to embrace it."

- Mr. Peter Loh, patient of St. Andrew's Mission Hospital Clinic (Simei) and recipient of EH Alliance Caring Awards (Hero Patient).

Mr. Peter Loh is the epitome of extraordinary courage and perseverance. After an unfortunate diving accident where he suffered severe spine injury, the once active athlete and avid water sports enthusiast became paralysed from the neck down and his life changed forever.

Angry and frustrated with his condition initially, Mr. Loh gradually progressed with the love and support of family and friends, especially his loving parents who never left his side. He slowly positioned his mindset for change after being acquainted with Mouth and Foot Painting Artist, Mr. Gilbert Tan. Mr. Loh was encouraged by Mr. Tan's positive attitude and his financial independence. Motivated, he decided to find his own path by pursuing a Computer Science degree at the National University of Singapore (NUS). With determination, he travelled to campus to attend lectures which he would spend hours transcribing with the help

of his mother and aunt. Mr. Loh was outstanding in his studies and received the Lee Kuan Yew Gold Medal for Best Graduate in 1999.

In his first job as a Research Assistant with the Medical Computing Laboratory at NUS, he showed strong technical knowledge and was a great inspiration to all. He joined DBS' Group Strategic Marketing and Communications Department in 2004 where he has been credited with an impeccable work ethic in the various roles he has taken on. He is currently an editor in the bank's internal communications team.

Coming this far, Mr. Loh acknowledges that "I would never have been able to come this far without the love, care and support of family and friends, especially my parents, my brother, my uncle and two aunts who brought me up. I owe everything to them."

Mdm. Tay Sok Tee, Recipient, EH Alliance Caring Awards (Hero Caregiver)



Mdm. Tay Sok Tee (second from left), caregiver of Mr. Shea Peng Chuan, St. Andrew's Senior Care (JOY Connect) client, was awarded the Eastern Health Alliance Caring Awards (Hero Caregiver) 2017.

"There is no point thinking too much in life or you will age fast. As long as we stay happy and live one day at a time, time will pass quickly and all will be well."

- Mdm. Tay Sok Tee, Caregiver of a St. Andrew's Senior Care (JOY Connect) client and recipient of EH Alliance Caring Awards (Hero Caregiver).

Mdm. Tay Sok Tee is a remarkable woman, taking utmost care of her brother-in-law, Mr. Shea Peng Chuan, St. Andrew's Senior Care (JOY Connect) client, for the past 40 years. Being intellectually disabled and visually impaired, her brother-in-law has fully depended on her and the family for support since young. Things took a turn for the worse when he developed high blood pressure and suffered a stroke a few years ago. Wheelchair-bound and unable to move freely, he became physically reliant on the petite Mdm. Tay, who takes things in her stride.

On top of that, Mdm. Tay also commits herself to cook for him daily while caring for her 91-year-old mother-in-law and another brother-in-law who is also intellectually disabled. In her eyes, taking care of her brothers-in-law is akin to repaying her mother-in-law who has always treated her as a daughter. Mdm. Tay's two children have always been supportive of her efforts to care for their uncles as well and assured her that they could take good care of themselves so that she can focus on helping them get better.

As her brother-in-law's main caregiver, Mdm. Tay accompanies him for therapy two times a week at St. Andrew's Senior Care (JOY Connect). She is very encouraged to see him make promising progress there. With her dedicated care and the help of JOY Connect's therapists, her brother-in-law is now able to walk with moderate assistance as well as transfer from wheelchair to bed with minimum assistance.

Healthy Minds, Happy Lives!

Healthy Minds, Happy Lives (HMHL) is an ongoing campaign which was started by the Singapore Anglican Community Services (SACS) Psychiatric Services in 2013. The campaign aims to promote public awareness of the importance of maintaining good mental health, and to dispel myths and stigma associated with mental health issues. HMHL also serves as an effective platform for members recovering from mental health issues to interact with the community, gain social exposure and build up their confidence.

On 22 April 2017, HMHL was brought to the public at East Point Mall; thanks to the mall’s generous sponsorship of the venue. The event was jointly organised by Simei Care Centre (SCC), Community Rehabilitation and Support Services (CRSS) (Pasir Ris) and Changi Simei Community Centre.

To raise awareness and encourage acceptance of mental health issues, a series of educational talks by Changi General Hospital (CGH) doctors on caring for loved ones with dementia, stress management and identifying depression in teenagers was conducted. This was complemented by informative and interactive game booths addressing mental health issues set up by SACS Psychiatric Services. A mental well-being assessment was also administered to participants by mental health professionals from SCC who also provided them advice on enhancing their mental well-being.



The HMHL event started with a high-energy Zumba session.



Handmade products by members of Simei Care Centre and Community Rehabilitation and Support Services (Pasir Ris) achieved good sales.



At the event, Mr. Tan Kok Liang, a Peer Support Team Member from SCC, shared how he overcame the challenges of battling mental health issues and his journey to recovery from schizophrenia. He is now an active advocate for persons with mental health issues and uses his experience to inspire those with mental health issues to strive on and seek fulfilling and meaningful lives.

The event also saw multi-talented members from SCC and CRSS (Pasir Ris) putting up song items and showcasing their hand-crafted products such as terrariums, woodwork and paintings. It was indeed an encouraging experience for the members as their performances and hand-crafted products were well appreciated by the audience. Most importantly, members shared that the experience had sharpened their social skills, built up their confidence level and motivated them to persevere on their recovery journey.

SACS will continue to organise more HMHL events and engage the community in partnering us as we stamp out social stigmatisation of mental health issues.



Residents learnt more about mental health issues through interactive games, such as Memory Game and Wheel of Health.



A creative sea-themed balloon-sculptured photo booth created by the balloon sculpting interest group from Changi Simei Community Centre made the day twice as fun and memorable for the participants!

Ask Me About Dementia!

Beyond case management services for vulnerable seniors living in the community, Singapore Anglican Community Services (SACS) Community Resource, Engagement and Support Team (CREST); a programme under SACS Cluster Support (Jurong East), also participates in public outreach activities to raise awareness of dementia and depression.

On 22 April 2017, SACS CREST (Jurong East) set up an educational booth at the “Healthy Minds, Happy Lives” event organised by SACS Psychiatric Services and Changi Simei Community Centre at East Point Mall, raising public awareness of dementia through fun quizzes aimed at dispelling common misconceptions about the illness.

What is Dementia?

Dementia is not a specific disease. It describes a group of symptoms that affects the brain, causing the brain cells to die at a faster rate. Contrary to popular beliefs, dementia is not part of the ageing process. A common misunderstanding about dementia is that it can only affect older adults. While dementia is indeed common amongst seniors, it can affect anyone, regardless of their age and gender.

Signs and Symptoms of Dementia

The key to slowing down the effects of dementia is early detection and intervention. Wonder if you or your loved ones have dementia? Here are some signs and symptoms that you can look out for:

- 1. Loss of memory
- 2. Misplacing belongings
- 3. Disorientation
- 4. Language problems
- 5. Impaired judgement
- 6. Difficulty performing familiar tasks
- 7. Mood or behavioural changes
- 8. Loss of initiative
- 9. Change in personality
- 10. Problems with perception



Mr. Koh Leong Foo, Executive, Case Management, SACS Cluster Operator (Jurong East), reached out to the younger crowd to raise awareness of dementia.



The Healthy Minds, Happy Lives event organised by SACS Psychiatric Services and Changi Simei Community Centre at East Point Mall featured a booth by SACS CREST (Jurong East) to raise public awareness of dementia. Ms. Jessica Tan, Member of Parliament for East Coast GRC (left), attended the event as Guest-of-Honour.



Ms. Chow Yun Feng, Case Manager, SACS Cluster Operator (Jurong East), engaged participants in discussions on dementia.



Members of the public participated in the dementia awareness quiz.

SACS CREST (Jurong East)

Even as dementia progresses, many patients can still lead active and meaningful lives, continue with their favourite activities and enjoy loving friendships and relationships. SACS CREST (Jurong East) conducts free talks on dementia and depression to support those facing the challenges of dementia and depression. It also conducts free screening for the elderly, to assess their risks of developing dementia, and makes referrals for those with positive screening results to follow up with clinical assessment, diagnosis and treatment.

Please contact SACS CREST (Jurong East) at 6262 1183 or email je_info@sacs.org.sg for more information about the talks.

Autism in the Community - Reaching the Heartlands



Mdm. Halimah Jacob, Speaker of Parliament, graced the event as Guest-of-Honour.

Themed “Autism in the Community”, the main event of the World Autism Awareness (Singapore) [WAA(S)] 2017 campaign was a public showcase held at Toa Payoh Hub on Friday, 31 March 2017. The event featured an exhibition, work-skills demonstrations, showcases, videos, games, quizzes, and a concert, with performances by children, youths and adults with autism.

Unlike in the past, the exhibition and showcases this year ran all-day, from 11:00 a.m. till 8:00 p.m. when the concert ended. This allowed for a greater reach, as members of the public at the hub during the day, including those making their way from the MRT Station to the Bus Interchange could stop for a few minutes to view the exhibits, participate in games or simple quizzes, and learn a little about autism and persons with autism.

With the stage, decorations and video screens setup by the evening of Thursday, 30 March, and the display booths of showcases, demonstrations and games ready by 11:00 a.m. Friday morning, the exhibition drew a steady stream of visitors throughout the day. By about half-past four, the place was abuzz with anticipation, as crowds of people began gathering for the concert that would begin at 5:30 p.m.



SAINTsational, a group of students and teachers from St. Andrew's Autism School, kicked off the concert with an engaging percussion performance.



Representatives from the WAA(S) partners (left to right) AWWA, St. Andrew's Autism Centre, Rainbow Centre Singapore, Autism Resource Centre (Singapore) and Autism Association (Singapore) laid their hands on an orb that lit up, symbolically launching the Light up for Autism campaign.



Windworkz the Big Band, a strong supporter of the autism cause who have played at several WAA(S) events over the years, gave a stirring performance at Toa Payoh Hub.



Passers-by began visiting the exhibition from about 11:00 a.m.

After a welcome speech by Ms. Denise Phua, Mayor, Central Singapore CDC, and one of the advisors of the WAA(S) 2017 organising committee; and remarks by Guest-of-Honour, Mdm. Halimah Jacob, Speaker of Parliament, the concert kicked off with a rousing percussion performance by students from St. Andrew's Autism School. A dance performance by students from Rainbow Centre Yishun Park School ensued,

followed by another dance performance by students from Pathlight School, a handbell performance by students from Eden School, and a Chinese dance by Eden School. Thereafter, Kiss 92 FM radio personality Ms. Charmaine Yee, the emcee for the evening, made her way through the crowd asking members of the public to answer simple questions and win prizes donated by each of the WAA(S) partners. Answers to all the questions were available from the exhibition, so anyone who had spent a few minutes viewing the exhibits or watching the videos and demonstrations would have been able to answer.

The concert resumed at about 6:25 p.m. and ran till about 7:00 p.m., at which point representatives of the WAA(S) partners took to the stage for a symbolic light up to launch the Light up for Autism campaign. The campaign saw a number of buildings in Singapore, including Suntec City, St. Andrew's Cathedral, KK Women's and Children's Hospital, premises of all WAA(S) partner organisations, and major services of St. Andrew's Mission Hospital and Singapore Anglican Community Services lit up in blue in the evenings for the entire month of April.

The entertainment level of the concert then went up a couple of notches, with WindWorkz the Big Band, a strong supporter of the autism cause and past WAA(S) campaigns, taking over. Many in the crowd as well as passers-by stopped to listen, tapping their feet as the band played a selection of popular big band standards and classics from the jazz and swing era.



Dr. N.K. Yong celebrated his ninetieth birthday by organising a Charity Gala Wine Dinner and Auction to benefit St. Andrew's Autism Centre.



Mr. Dennis Ang, Chief Executive Officer, St. Andrew's Autism Centre, shared plans for the new residential facility for adults with autism.



Among the vintners who flew to Singapore for Dr. N.K. Yong's birthday were Alvaro Palacios from his self-titled winery (left) and Peter Sisseck from Dominio de Pingus (right).

Celebration 90 — Toasting for a Worthy Cause

In the latter half of 2016, Dr. N.K. Yong, a sprightly octogenarian busied himself planning a Charity Gala Wine Dinner and Auction to raise funds for St. Andrew's Autism Centre (SAAC). With his wife, Melina, and a few close friends, they planned the event, aptly named Celebration 90, as part of the festivities to celebrate his ninetieth birthday.

Celebration 90 featured a charity wine dinner showcasing the culinary delights of several renowned chefs, an auction, and wine masterclasses, all aimed at raising a targeted \$1 million for a residential facility for adults with moderate to severe autism. The new service of SAAC's Adult Autism Services is expected to be operational by 2019.

Through their network of contacts, Dr. and Mrs. Yong drew a veritable who's who list of chefs and wine makers from around the world, all supporting the fund raising effort by sponsoring various courses of the meal or some of their best wines for the dinner and auction.

Culinary professionals who gave of themselves and their creations included Sydney-based Tetsuya Wakuda, chef and owner of Tetsuya's, one of the world's most highly awarded restaurants; Julien Royer, chef and owner of the two-Michelin starred Odette, who in March 2017 was named Chef of the Year for the second time at the World Gourmet Summit's Awards of Excellence; David Senia, Executive Chef at Capella; Beppe di Vito, owner of iL Lido Group; and the Singapore National Culinary Team for the Culinary Olympics 2016.

Vintners who donated bottles of wine for the dinner, auction and wine masterclasses included half the members of the Primum Familiae Vini, an exclusive association of 12 family-owned wineries belonging to the top echelon of their regions and with high international reputation; as well as a number of other wineries from Bordeaux, Burgundy and the Rhone Valley in France, Italy, Germany, Spain, Argentina, South Africa and the United States of America.



Mr. Andrew Goh, Vice President, St. Andrew's Mission Hospital, and Mr. Dennis Ang, Chief Executive Officer, St. Andrew's Autism Centre (SAAC), presented Dr. and Mrs. Yong with a painting entitled, "Joyful Shells" as a token of appreciation. The artwork was painted by Day Activity Centre client, Mr. Andrew Tan, under the guidance of an art teacher at SAAC.

SAAC is grateful to the chefs, vintners, auctioneer, Masters of Wine who moderated the wine masterclasses, sommeliers, donors and sponsors, and each person who bought a table or seat at the wine dinner or wine masterclasses, and each person who participated in the auction. We are especially grateful to Dr. N.K. Yong, Mrs. Melina Yong and the other Celebration 90 organising committee members, Mr. Daniel Chia, Ms. Jenny Tan, and Mrs. Lynn Yeow-De Vito for adopting the autism cause and partnering with SAAC to enable persons with autism to live dignified and meaningful lives.

Proceeds raised through the dinner, wine masterclasses and auction exceeded the target for the event and totalled about \$1.2 million. The money will go towards furnishing and equipment costs in setting up the residential facility for adults with autism, which is expected to be operational by 2019.



The Celebration 90 organising committee (left to right): Dr. N.K. Yong, Ms. Jenny Tan, Mrs. Lynn Yeow-De Vito, Mrs. Melina Yong, and Mr. Daniel Chia.

Singapore Anglican Community Services celebrates 50 years of serving the community



In its 50th year of service this year, Singapore Anglican Community Services reaches out to people in-need through psychiatric, senior, and other special group services.



2017 marks the 50th Anniversary of Singapore Anglican Community Services (SACS). Its genesis began in the early 1950s with the establishment of a free clinic by Mrs. Catharine Thomas, a trained nurse and the wife of the principal of St. Andrew's School, Mr. Francis Thomas, to serve the needy villagers living in the Potong Pasir area.

In the 1960s, Mr. Thomas set up a School Counselling Service in St. Margaret's Primary School, after an unfortunate suicide by a student of St. Andrew's School. Years later in 1966, he was asked by the Dean of St. Andrew's Cathedral, the Ven. Tony Dumper to look into the formation of the Singapore Anglican Welfare Council (SAWC).

On 31 August 1967, SAWC was inaugurated to minister to and to carry out community services and welfare work, amongst the elderly, poor, destitute and aged sick; according to the teachings of Jesus Christ. The services of SAWC grew rapidly and the organisation was eventually restructured and renamed Singapore Anglican Community Services (SACS) in 2004.

Today, SACS and sister organisation, St. Andrew's Mission Hospital (SAMH) are two of the leading and major Voluntary Welfare Organisations in Singapore, bridging gaps in psychiatric services, senior services, autism services and others.

Mr. and Mrs. Francis Thomas, the pioneers of the Singapore Anglican Welfare Council.



Singapore Anglican Community Services and St. Andrew's Mission Hospital Joint Charity Dinner, 25 August 2017

Singapore Anglican Community Services (SACS) and St. Andrew's Mission Hospital (SAMH) will be organising a joint Charity Dinner at the Shangri-La Hotel Singapore on Friday, 25 August 2017, 7:30 pm, to celebrate our milestones in serving the community, and to raise funds so that we may continue to deliver quality and affordable services to all who require the necessary assistance. We are privileged to have Mr. Tharman Shanmugaratnam, Deputy Prime Minister and Coordinating Minister for Economic and Social Policies, joining us as Guest-of-Honour at the event. We aim to raise \$900,000 from the Dinner to support and expand the work of SACS and SAMH.

We seek your support for this major fundraising event by purchasing tables at the dinner, priced at \$10,000, \$5,000 and \$3,000 per table (tables of 10 persons). We also request your help to invite friends and associates to support our cause by buying a table, or by making a contribution. For more information about the charity dinner or to render your support, please email general@sach.org.sg or call 6568 1000. We look forward to, and thank you for your continued support of our work.



Let Your Light Shine



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- St. Andrew's Community Hospital • St. Andrew's Autism Centre
- St. Andrew's Lifestreams • St. Andrew's Nursing Home
- St. Andrew's Senior Care • St. Andrew's Mission Hospital Clinic

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- Hougang Care Centre • Simei Care Centre • Community Rehabilitation and Support Service • Integrated Employment Services • SACS Cluster Operator (Jurong East) • PEACE Connect Cluster Operator
- SACS Senior Centre (Golden Orchard) • SACS Senior Centre (Floral Spring) • SACS Family Care Centre
- CITY Community Services • Mission to Seafarers

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