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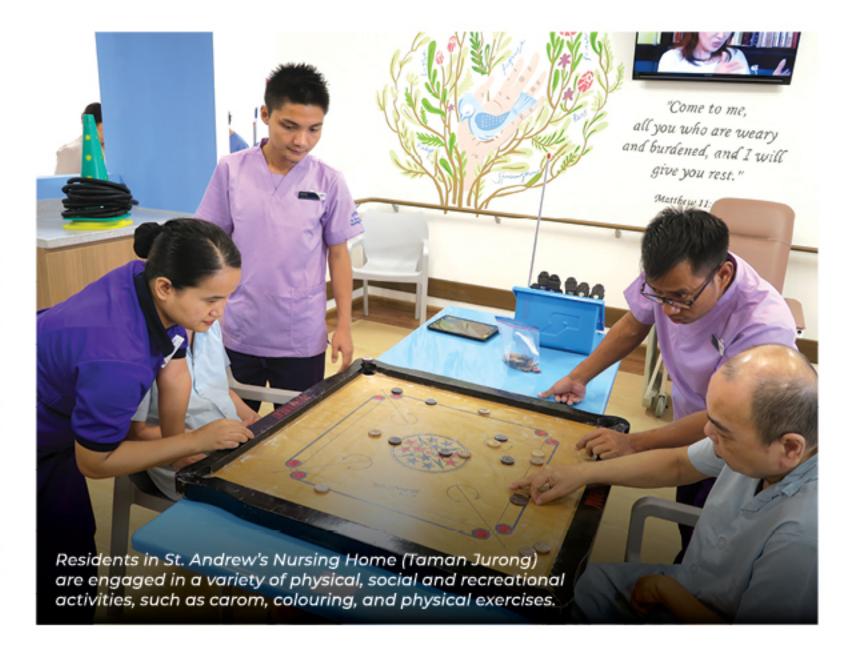
ANGLICAN SERVICES ENGAGING THE COMMUNITY

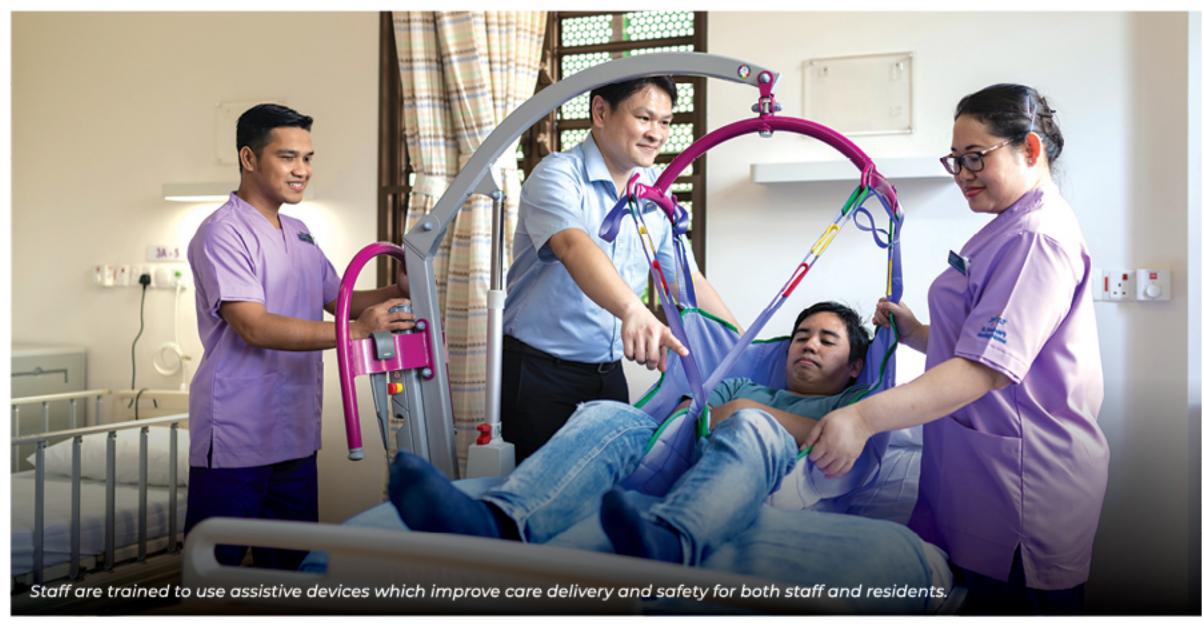
Serving the TAMAN JURONG COMMUNITY

St. Andrew's Nursing Home (SANH) (Taman Jurong) welcomed its first team of staff with a staff dedication service held on 22 November 2018.

Since then, our staff has gone through rigorous training in nursing care, with hands-on training at SANH (Buangkok, Henderson, Queenstown).

SANH (Taman Jurong) received its first resident on 11 February 2019 and aims to serve 286 residents by November 2019.





Joining Hands TO RAISE FUNDS FOR ST. ANDREW'S

NURSING HOME (TAMAN JURONG)

Sharing the mission of Singapore Anglican Community Services (SACS), the Republic of Singapore Yacht Club (RSYC) extended its support to St. Andrew's Nursing Home (SANH) (Taman Jurong) through a coorganised Charity Golf Tournament and Dinner on 18 January 2019. The funds raised will enable SANH (Taman Jurong) to provide value-added rehabilitative care programmes for its residents.

With Mr. Goh Peng Tong, Chairman of Taman Jurong Citizens' Consultative Committee (CCC) as the Guest-of-Honour, the charity golf tournament teed-off at Warren Golf and Country Club with 100 golfers.

The event continued into the evening with a Charity Dinner held at RSYC. Mr. Tharman Shanmugaratnam, Deputy Prime Minister and Coordinating Minister for Economic and Social Policies, was the Guest-of-Honour. At the dinner, guests were given an introduction of the work of SACS and preview of the new SANH (Taman Jurong), its purpose-built facilities and staff training programme. More funds were raised at the dinner with a raffle draw.

Bishop Rennis Ponniah, President of SACS and St. Andrew's Mission Hospital, in his appreciation speech at the dinner quoted 1 Corinthians 13:13, "And now these three remain: faith, hope and love. But the greatest of these is love." He expressed his heartfelt gratitude to all the supporters and donors who gathered to raise funds for SANH (Taman Jurong), partnering SACS in this labour of love and affirming that no one walks alone in caring for the elderly and mentally ill.

Indeed, as we dedicate ourselves as His instruments to serve the community with love, the Lord's provision comes through for us to remain steadfast in His Ministry of Love. Through the Charity Golf Tournament and Dinner, a nett

amount of \$260,069 was raised. A nett total of \$510,000 was raise, which included a \$250,000 donation by Mr. Charlie Chan and the Chan Family Foundation. We deeply appreciate the support rendered by RSYC and the generosity of all the donors who made this fundraising effort a







St. Andrew's Adult Home (Sengkang)

A NEW RESIDENTIAL FACILITY **FOR ADULTS WITH AUTISM**

St. Andrew's Autism Centre (SAAC) officially received the St. Andrew's Adult Home (Sengkang) [SAAH] building from the Ministry of Social and Family Development on Wednesday, 16 January 2019. St. Andrew's Adult **Autism Services and** SAAH staff moved in on the same day.

On 22 January 2019, SAAC management and other key staff welcomed 22 Healthcare Assistants and four Nursing Aides who had arrived from various parts of northeast India the day before. Along with Staff Nurses, these Healthcare Assistants and Nursing Aides would form the first batch of frontline staff caring for SAAH's residents, also known as SAAH care staff for short.



In preparation for their work at SAAH, this first batch of care staff underwent an extensive eightweek long orientation programme that was as fun as it was intense.



Besides full day training in autism, health and nursing care, therapy and interventions, first aid, MAPA® (Management of Actual or Potential Aggression) and more, and briefings by key departments throughout the week, they were also attached to St. Andrew's Nursing Home (Buangkok) and Day Activity Centre (Siglap) [DAC (Siglap)] which is located at SAAC's Elliot Road premises for training.

During the weekends, arrangements were made for them to experience more of Singapore with recreational activities organised at popular tourist spots such as the Singapore Zoo, Arab Street, Chinatown, East Coast Park and Coney Island.

On Monday, 11 February 2019, a dedication service for SAAH staff was conducted by Reverend David Teo, with Bishop Low Jee King delivering the sermon.

SAAH received its first residents early on April 2019. The residential service programme features three core developmental goals: Adaptive Daily Living, Communal Living Skills and Mental Health and Behaviours, with planned activities in daily routines and time-table scheduled with these objectives in mind. Day Activity Centre (Sengkang), located at SAAH, began its programme on 1 April, with 25 clients and 10 coaches moving over from DAC (Siglap).



Ageing Gracefully

WITH ANGLICAN SENIOR CENTRE (TAMPINES)

opening ceremony of Anglican Senior Centre (ASC) (Tampines) was held on 12 January 2019 with Mr. Desmond Choo, Mayor of North East District, Adviser to Tampines Grassroot Organisation (GROs) and Member of Parliament for Tampines Group Representation Constituency (GRC), as the Guestof-Honour. Representatives from government and partner agencies, members of the Tampines Grassroot Organisation and residents, were among the guests present that morning.

To promote graceful ageing, ASC (Tampines) serves as a social and recreational hubfor the elderly to come together, develop their social network and discover the joy of pursuing their interests with fellow peers. At the centre, clients are engaged in activities that promote their wellbeing, such as physical exercises, haircut sessions, as well as ukulele and dance classes. At the event, guests



were impressed by seniors from the centre's ukulele and dance interest groups who showcased their talents with performances.

Various activity booths exhibited an array of services and programmes available at the centre, such as Share-A-Pot, a collaboration with Khoo Teck Puat Hospital (KTPH) to enhance the wellness of elderly residents through physical exercises and social conversations over a bowl of nutritious

soup specially selected by KTPH's nutritionists. Also showcased was the centre's community health post, a partnership with Changi General Hospital (CGH) where community nurses from CGH provide consultation sessions and health talks at the centre twice a month.

Guest-of-Honour: ANGLICAN SENIOR CENTRE (TAMPINES) Mr. Desmond Choo OFFICIAL OPENING CEREMONY Mayor of North East District, Advisor to Tampines GROs and **12 JANUARY 2019** Member of Parliament for Tampines GRC Unveiling of the plaque to mark the official opening of ASC (Tampines), which engages elderly residents through various activities to help them age gracefully in the community. From left to right: Reverend Dr. Ivan Ee, Vicar, All Saint's Church; Dr. Arthur Chern, Group Chief Executive Officer, Singapore Anglican Community Services (SACS) and St. Andrew's Mission Hospital (SAMH); Mr. Andrew Goh, Vice President, SAMH; Mr. Keith Chua, Vice President, SACS; The Right Reverend Low Jee King, Assistant Bishop and Archdeacon of Singapore; Mr. Desmond Choo, Mayor of North East District, Adviser to Tampines GROs and Member of Parliament for Tampines GRC; Mr. Joseph Ong, Chairman, Tampines Changkat Citizen's Consultative Committees; Mr. William Kwek, Chairman, Tampines Committee; and Ms. Irene Lee, General Manager, North East Community Development Council.

Charity Transparency Award 2018

AWARDED TO SINGAPORE ANGLICAN COMMUNITY SERVICES



Singapore Anglican Community Services (SACS) was presented the Charity Transparency Award on 29 November 2018. This award is an initiative by the Charity Council to promote exemplary disclosure and transparency practices in the charity sector. It recognises charities who excel in nine dimensions of disclosure. such as financial management and internal control, conduct of fundraising activities and management of conflict of interest. As accountability and transparency remain important values to donors and the public, SACS will continue to uphold these values in its best practices of charity governance as it serves

the community!

SERVING IN Love and Humility

Singapore Health Quality Service Award 2019

Organised by the SingHealth Duke-NUS Academic Medical Centre since 2011, the Singapore Health Quality Service Award (SHQSA) is a dedicated platform to honour healthcare professionals who have delivered quality care and excellent service to patients.

173 St. Andrew's Community Hospital (SACH) healthcare professionals received the SHQSA 2019 at the award

ceremony on 15 January 2019. The SACH Palliative Care Team and Changi General Hospital Dietitians were also awarded the Best Service Initiative Improvement Team Award (Merit) for their initiative "Project Makan", which aims to enhance the dining experience for our palliative care patients.



Congratulations to all award recipients!

Healthcare Humanity Awards 2019

The Healthcare Humanity Awards Ceremony was held on 25 April 2019, paying tribute to healthcare professionals and volunteers who exemplify exceptional qualities and dedication in helping others.



Ms. Karen Seng, Nurse Manager, St. Andrew's Community Hospital

Ms. Karen Seng joined St. Andrew's Community Hospital (SACH) in 2009 with Gerontology as her nursing specialty. In November 2012, she took up the challenge of setting up the Inpatient Paediatric Ward with much determination. As a Ward Manager, she is committed to helping staff, patients and their families resolve their challenges. She also treats fellow care team members like her own family.

Jennifer Teo, Paediatric Co-ordinator, SACH, recalled that Karen often goes beyond the call of duty, staying back extra hours to spend time with the children and using her money to buy special food and clothes for them.

Karen's extraordinary dedication and genuine love for both the patients and their family members is truly exceptional.

Pastor Justin Tan, Associate Chaplain, Pastoral Care Services, St. Andrew's Community Hospital

Pastor Justin Tan joined the Pastoral Care Team in 2016, providing pastoral care for patients in SACH's palliative care and rehabilitation wards. Justin constantly goes the extra mile to care for patients' needs, such as staying back after work to spend more time with patients without family members during festive seasons and at their last hours.

Ms. Nur Illyana, Senior Therapy Assistant, commended, "Justin always has the interest of patients at heart. He takes time and effort to engage patients in conversations and activities. He even learnt Malay from me in order to connect better with our Malay patients!"

Justin's steadfastness and humanity are an inspiration to those he meets and the lives he touches.



Mdm. Chan Miew Leng, Volunteer, St. Andrew's Community Hospital

Mdm. Chan Miew Leng began volunteering with SACH in August 2013. Together with staff, Miew Leng spearheaded The Masak Club, where volunteers cook special desserts for our palliative care patients. She also engages patients in floral arrangement sessions.

Dr. Angel Lee, SACH Medical Director, had this to say about Miew Leng, "Although she had a fall and required a sustained period of rehabilitation, Miew Leng continued to serve in her own unassuming manner. Her dedication can also be seen in her

continuous involvement in palliative care in Singapore from the early days when hospice care first started in Singapore. Work in the palliative care ward is challenging. We are glad that Miew Leng readily stepped forward when she saw the need. To continue serving through the years with such a positive attitude is truly inspirational."

Miew Leng exemplifies the gift of the human spirit, embodying strength and dedication, and is truly deserving of this award!

Mr. Peter Gan, Volunteer Clinical Counsellor, St. Andrew's Nursing Home (Buangkok)

Mr. Peter Gan has been volunteering at St. Andrew's Nursing Home (SANH) (Buangkok) since 2014, faithfully conducting weekly counselling sessions with residents.

Regardless of each resident's condition, Peter makes it a point to listen and care for them without judgement. He goes the extra mile by investing time to become a trusted friend to them, and help them gain closure from their past.

Passionate about character development, Peter motivates residents to set goals and lead independent lives. He also helps families of the residents to accept and understand the medical condition of their loved ones.

Peter believes that it takes "a whole village" to care for a resident. He shared, "This award is a recognition for SANH's team of nurses and staff who work compassionately and tirelessly for patients' well-being."



More Blessed to Give than to receive

In the bible, the apostle Paul said, "...remember the words of the Lord Jesus, how he said, 'It is more blessed to give than to receive."

In tune with the Christmas spirit of giving, St. Andrew's Nursing Homes (SANH) at Henderson and Queenstown, and St. Andrew's Senior Care Centres (SASC) at Henderson, Queenstown, Tampines and Kampong Glam (JOY Connect) held four fundraising events last December, as a way for the seniors to give back to society.



Although it was the first fundraising event for all of them, staff, clients and residents were able to craft out a wide spread of items, such as Christmas tree ornaments, Christmas garlands, gift tags, bookmarks, photo frames, lanyards and book bands for sale within two months.





tea garlands by seniors and staff of SASC (Queenstown), which were sold out at the Christmas booth at its partner parish, Church of Our Saviour,



In addition to marketing these handicraft items to the SAMH services and their partnering churches, SANH (Queenstown) was also invited to sell the items at the Dawson Resident Committee Christmas Fair. These inaugural fundraising efforts raised more than \$6,000, which will go towards enhancing the care programmes of the centres and nursing homes.

The resounding success was indeed an encouragement to the seniors, as well as an inspiration for our care teams and the community!





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REMEMBERING Ms. Felicity Foster-Carter

By Reverend Canon Louis Tay

Felicity Carter arrived in Singapore in August 1955. Sent by the United Society for the Propagation of the Gospel (USPG) at age 30, she first served in St. Margaret's Primary School, where she oversaw the Boarding School and did home visitations. Later, she worked in St. Peter's Church in Serangoon Gardens, commuted by bicycle to visit parishioners, and visited patients in Woodbridge Hospital. Felicity also served in St. Hilda's Church, helping in St. Hilda's School, St. Hilda's Kindergarten and St. Andrew's Orthopaedic Hospital, where she taught primary school children and visited them in their homes. At St. Andrew's Cathedral, she offered help to prisoners, vagrants, the chronically sick, leprosy sufferers and those with drug addiction.

Ms. Carter pioneered the Samaritans of Singapore, which provided support to those in crisis or had thoughts about suicide, as well as Good Neighbours, which visited patients in long-term institutions who were vagrants, chronically sick or mentally ill. Good Neighbours eventually came under the Anglican Welfare Council (AWC), where Felicity was Coordinator from 1975.

She also pioneered The Christian Outreach to the Handicapped (COH), a ministry that provided classes for the intellectually disabled, and Turning Point, a residential ministry to former female drug addicts. In addition, she was involved in the Christian Counselling Services of the Singapore Anti-Narcotics Association (SANA) where she was the Board Secretary; as well as St. John's Home for the Aged in Sennet Estate.

Of Ms. Carter's life and great contributions to the Diocese of Singapore, Bishop Rennis Ponniah, President of St. Andrew's Mission Hospital and Singapore Anglican Community Services, says, "May Felicity's life and love continue to inspire us to love the Lord and live for the service of others in His name." For your heart of compassion and service, Felicity, thank you.



Autism Outreach **THROUGH SOCIAL MEDIA**

In 2019, St. Andrew's Autism Centre (SAAC) and the Autism Network Singapore (ANS) partners, including Autism Association (Singapore), Autism Resource Centre (Singapore), AWWA, and Rainbow Centre Singapore, embarked on a social media outreach campaign in continued efforts to engage the public and raise autism awareness. This year's campaign was themed, "Living with Autism" and featured an interesting social impact video, social media engagement posts, portrait quotes and online articles.

Now in its ninth year of advocacy, ANS had been building up social presence through its annual campaigns and felt it timely to further expand its reach to reinforce the message of acceptance and understanding for persons with autism.

ANS also garnered much support from its various corporate and social partners and friends who lit up their buildings in blue in the month of April as part of the World Autism Awareness (Singapore) [WAA(S)] Light Up in Blue for autism.

As a founding ANS member and WAA(S) organiser, SAAC is very grateful to the Anglican family of churches and schools, and St. Andrew's Mission Hospital services for their yearly support to light up their premises in blue. Most notably, St. Andrew's Cathedral, St. Andrew's Village and the Diocese of Singapore, Anglican Care Centre (Simei) and St. Andrew's Community Hospital for their support since 2012.

> For more information about ANS "Living with Autism" WAA(S) campaign, visit www.facebook.com/Sg.autism

A DAY FOR Special Entrepreneurs

Last November's honours and family day for St. Andrew's Autism School (SAAS) was particularly special. It was the first time that classes of students and teachers worked hand in glove to creatively develop marketable ideas and showcase students' work at the first ever SAAS Entrepreneur Day 2018 that was attended by guests, family and friends, and teaching staff.



For many students, the SAAS Entrepreneur Day 2018 presented an interesting opportunity to create, market and sell their own products. Its preparatory process provided the platform for teachers to engage students in learning relevant work behaviours and skills to ready them to man a stall and interact dynamically with customers.

Overall, this event was well-received and a success. Ministry of Education guests from the Special Education Branch, and visitors alike were very impressed with the event concept, layout and participation by students, especially the inclusion of students communicating with their AAC (Assistive and Alternative

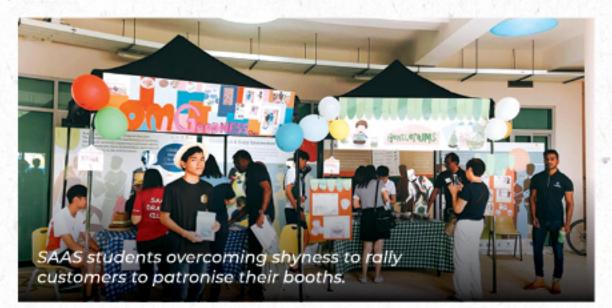


devices. Closer Communication) bonds between students and their classmates could also be felt.

In the words of one of the teachers. Zhen Hui, "It is an awesome initiative which I feel should be continued. It gives the students a platform to practise their communication and soft skills. The project showcased the strengths and skills of the students making the signboard, packing materials, setting up the stall, and helping out at the booth."

Parents were excited to visit the fair, to see the end products of their children's work

- Divya Teacher St. Andrew's Autism School





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Passing it on WITH GRATITUDE

Mdm. Shankari and her three children took shelter at Anglican Family Centre (AFC) in 2009. In 2012, they were able to move into a home of their own.

While Mdm. Shankari was residing in AFC, the Shelter helped to care for her children by engaging them in programmes, as well as providing for their transport to school, which was quite a distance from the Shelter. She also fondly remembers the encouragement from fellow residents, as well as assistance and support from the staff provided through casework, which built her confidence and enabled her to integrate back into the community. Today, Mdm. Shankari runs her own business independently, and her children are diligently pursuing their career and studies.

In gratitude of the care provided by the AFC team, Mdm. Shankari and her family returned to AFC last year to bless the residents with desserts and pastries. They spent the evening befriending the residents and shared testimonies of hope with them.



Mdm. Shankari was heartened that the atmosphere of warmth and safety in AFC had remained strong. She encouraged the residents, "AFC is not a permanent home. Start small, stay positive, move forward and work hard in order to build your life."

Blessed TO BE A BLESSING



On 18 December 2018, residents, staff and volunteers from Anglican Family Centre (AFC) visited Singapore Cheshire Home (SCH) and brought cheer to their residents. The Home serves persons with serious disabilities, with limited or no means to care for themselves.

During the visit, SCH's residents warmed up quickly to the AFC team, and the "Baby Shark" dance performance put up by the AFC team brought much enjoyment to the residents. The residents also enjoyed a game of "Passing the Parcel", especially when they got to unwrap the parcels.

Children of AFC distributed presents to all the residents as Christmas carols were sung. As the team made its departure, a resident expressed their gratitude and hope for them to visit SCH again. This was of great encouragement to the AFC team, especially for the residents, as they were reminded that they have been blessed to be a blessing to others.

Healing and Hope through art therapy

Last year, 37 residents of St. Andrew's Nursing Home (Henderson) and 18 clients of St. Andrew's Senior Care (Henderson) participated in a six-month Art Therapy Programme, where participants explored art, with themes such as nature, self-care, festivities, and spatial awareness.

Even though most of the participants have no art experience, they persevered despite the challenges faced in picking up a new skill. Gradually, their artworks became increasingly expressive. As the sessions progressed, they experienced healing, a renewed sense of hope, and at the end of the programme, requested for more art therapy sessions.

The famous French artist Henri Matisse said, "Creativity takes courage". We applaud the participants

for their courage in stepping out of their comfort zone. Their artworks, exhibited at St. Andrew's Nursing Home (Henderson) on 17 and 18 December 2018, were a testament of their courage and creativity.





Chinese New Year Festivities

ST. ANDREW'S NURSING HOME (QUEENSTOWN)

Over 200 residents, family members, and volunteers of St. Andrew's Nursing Home (SANH) (Queenstown) celebrated Chinese New Year on 16 February 2019. The celebration, which also saw four residents celebrating their 100th birthday, was initiated by SANH (Queenstown), and partnered with Church of Our Saviour, Queensway Secondary School Boys' Brigade and



IDS Medical Systems (Singapore) Pte Ltd, who partially sponsored the event.

Members of Church of Our Saviour delighted the residents with a dance, ukulele, as well as Teochew and Cantonese song performances. Queensway Secondary School Boys' Brigade engaged the seniors in games and blessed them with mandarin oranges. Volunteers from IDS Medical Systems (Singapore) Pte Ltd distributed snacks to the residents.

St. Andrew's Senior Care (Queenstown) began the festive mood by engaging the seniors in creating lanterns and fish ornaments using red packets which were used to decorate the centre.

On the seventh day of the Chinese New Year, a "Lo Hei" session was held for the seniors. They also participated



in a sing-a-long of songs such as He Xin Nian and Da Di Hui Chun, and a quiz comprising riddles and questions related to Chinese New Year.

SANH (Queenstown) would like to thank all our volunteers for creating beautiful memories of Chinese New Year festivities for our residents!

Chinese New Year Visit

BY MR. GAN KIM YONG, MINISTER FOR HEALTH

On the first day of Chinese New Year, 5 February 2019, Mr. Gan Kim Yong, Minister for Health, and Mrs. Gan visited Changi General Hospital and St. Andrew's Community Hospital to bring festive cheer to our patients and their loved ones, as well as our care team members.





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ST. ANDREW'S NURSING HOME (QUEENSTOWN)

Celebrates Community Support

In appreciation of volunteers who selflessly commit their time and effort to our clients and residents, St. Andrew's Nursing Home (SANH) (Queenstown) and St. Andrew's Senior Care (SASC) (Queenstown) held its inaugural Volunteer Appreciation Lunch on 17 November 2018.

Ms. Joan Pereira, Member of Parliament (MP) for Tanjong Pagar Group Representation Constituency (GRC), graced the event as Special Guest. The volunteers serve and engage clients and residents of SANH (Queenstown) and SASC (Queenstown) through a variety of programmes, such as befriending, sing-a-longs, and haircut sessions. In a show of gratitude, volunteers

were treated to engaging song and dance performances, including a heartwarming song item "月亮代表我的心" by MP Joan Pereira, together with SANH (Queenstown) volunteer, Ms. Shirley Tan.

The highlight of the event was the inaugural commissioning of the centre's first transporter, a wheelchair-friendly van which can facilitate transport needs of the nursing home residents. With the van, SANH (Queenstown) can ferry our residents more readily for medical consultations, check-ups and outings. The van was donated by

Ms. Evelyn Leong, in memory of her grandfather, who encouraged her to contribute back to society.









ST. ANDREW'S MISSION HOSPITAL AND SINGAPORE ANGLICAN COMMUNITY

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ST. ANDREW'S MISSION HOSPITAL

St. Andrew's Adult Home (Sengkang) • St. Andrew's Autism Centre • St. Andrew's Community Hospital • St. Andrew's Nursing Home (Buangkok, Henderson, Queenstown) • St. Andrew's Senior Care (JOY Connect, Henderson, Queenstown, Tampines) • St. Andrew's Mission Hospital Clinic (Simei, Elliot Road)

SINGAPORE ANGLICAN COMMUNITY SERVICES

Anglican Care Centre (Bukit Batok, Farrer Park, Hougang, Pasir Ris, Simei, Yishun) · Integrated Employment Services · Anglican Cluster Operator (Jurong East) · PEACE-Connect Cluster Operator · Anglican Senior Centre (Hillview, Jurong West, Tampines, Woodlands, Yishun) · St. Andrew's Nursing Home (Taman Jurong) · Anglican Family Centre · CITY Community Services

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